MAYOR STEVEN M. FULOP
THE JERSEY CITY MUNICIPAL COUNCIL
AND THE
DEPARTMENT OF RECREATION
PRESENT THE

PERSHING FIELD
WATER AEROBICS
CLASS FOR ADULTS & SENIORS

START YOUR DAY THE FUN WAY!
LOW IMPACT WATER EXERCISE IS FUN AND ENERGIZING

OPEN TO ALL * NO PRE-REGISTRATION REQUIRED

TUESDAY, WEDNESDAY & THURSDAY MORNINGS
9:30AM - 10:30AM

PERSHING FIELD POOL - 201 CENTRAL AVENUE

POOL ENTRY FEE:	ADULTS	$3.00
	SENIORS (62 AND ABOVE)	$1.00

CLASS IS FREE

PLEASE BRING SWIMSUIT, TOWEL AND LOCK

This is an ongoing program with no commitment required. Designed for your convenience. Come one, two, or three days a week. Miss a week or two, no problem, we will be happy to welcome you whenever you are able to join the fun.

Instructor: Gerry Montesano

FOR FURTHER INFORMATION, PLEASE CALL (201) 547-6886
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