



MAYOR STEVEN M. FULOP  
 THE JERSEY CITY DEPT. OF HEALTH & HUMAN SERVICES  
 AND THE  
 DEPARTMENT OF RECREATION  
 LAUNCH



# JERSEY CITY

# FITNESS BOOT CAMP

MARY MCLEOD BETHUNE CENTER, 140 MARTIN LUTHER KING DRIVE  
 TUESDAYS & THURSDAYS, 6:00 A.M. - 7:00 A.M.

**NEW LOCATION!**

PS #6, 100 ST. PAULS AVENUE  
 TUESDAYS & THURSDAYS, 7:00 P.M. - 8:00 P.M.

ONSITE ONGOING REGISTRATION

OPEN TO MALES & FEMALES  
 AGES 18 AND UP

THE PROGRAM IS **FREE** OF CHARGE

*Get in shape with a trainer at the City's  
 new boot camp*

Mario from *Creative Fitness Concepts*



FOR MORE INFORMATION, CALL AT 201-547-5003 OR VISIT [WWW.JERSEYCITYNJ.GOV](http://WWW.JERSEYCITYNJ.GOV)

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